

Lakeside Massage Therapy- General Liability Release Form

By signing below, you agree to the following:

- 1) I give my permission to receive massage therapy.
- 2) I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.
- 3) I understand that the massage therapist does not diagnose illnesses or injuries, or prescribe medications.
- 4) I have clearance from my physician to receive massage therapy.
- 5) I understand the risks associated with massage therapy include, but are not limited to:
 - Superficial bruising
 - Short-term muscle soreness
 - Exacerbation of undiscovered injury

I therefore release the company and the individual massage therapist from all liability concerning these injuries that may occur during the massage session.

- 6) I understand the importance of informing my massage therapist of all medical conditions and medications I am taking, and to let the massage therapist know about any changes to these. I understand that there may be additional risks based on my physical condition.
- 7) I understand that it is my responsibility to inform my massage therapist of any discomfort I may feel during the massage session so he/she may adjust accordingly.
- 8) I understand that there is not any sexual intent in this treatment, and that all contact is solely for the purpose of professional treatment of the client.
- 9) I understand that I or the massage therapist may terminate the session at any time.
- 10) I have been given a chance to ask questions about the massage therapy session and my questions have been answered.

Signature

Date

Recommendations:

- Remove all jewellery so as not to interfere with the massage treatment
- Shut off your cell phone or turn it to silent. This will allow you to relax and the treatment to be more effective.